



IFPA Sexual Health Training

The IFPA's one-day sexual health training covers the basics of reproductive and sexual health and Irish legislation. This course is recommended for anyone who wants to know more about sexual health or for service providers such as carers, youth workers, teachers, social workers and nurses.

Course Content

- **Legislation and Consent**

Exploration of the concept of consent and the legal issues relating to consent in the Irish context

- **HIV/AIDS**

Comprehensive and up-to-date information about HIV/AIDS including a Q&A session

- **Contraception**

Workshop on the different types of contraception now available and guidance on the practice of safer sex

- **Sexually Transmitted Infections (STIs)**

Presentation on the main symptoms, transmission and treatment options for the most common STIs in Ireland

- **Safer Sex, Condom Use and Negotiating**

Practical workshop on effective condom use and condom use negotiation strategies

- **Crisis Pregnancy**

Definitions of crisis pregnancy. Exploration of options and services



EDUCATION & INFO

Date: Monday 9th February 2015

Venue: Dublin City Centre

**Cost: €120 per participant
(includes resources and facilitation)**

For further information please contact:

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